



MAKER MATERNAL HEALTH
DOULA SERVICES AND MATERNITY SUPPORT

ABUSED WOMEN SHELTERS / SUPPORT GROUPS

YWCA of Kalamazoo

Phone: 269-345-5595

Email: info@ywcakalamazoo.org

Website: ywcakalamazoo.org

Kalamazoo Gospel Mission

Phone: 269-345-2974

Email: info@kzoogospel.org

Website: kzoogospel.org

ACUPUNCTURISTS

Kalamazoo Acupuncture

Phone: 269-873-4600

Email: <https://kzoocupuncture.com/contact/>

Website: <https://kzoocupuncture.com/>

Wise Wellness Center

Phone: 269-312-8015

Email: wiseacupuncture@gmail.com

Website: <https://wiseacupuncture.com/>

“BABY FRIENDLY” HOSPITALS

Bronson BirthPlace

Address: Battle Creek - 300 North Ave Battle Creek, MI 49017

Kalamazoo - 601 John Street 4th Floor Kalamazoo, MI 49007

Website:

https://www.bronsonhealth.com/services/pregnancy-childbirth/?gclid=Cj0KQCQjwpZT5BRcdARIsAGEX0ziERKyvAI3nG0HeTdLY99XLB3gOk1oYST7qZMIblKN9jZGQPSB3KnwaAnVuEALw_wcB

Mercy Health St. Mary's Hospital

Phone: 616-252-7200

Address: 5900 Byron Center Ave, Wyoming, MI 49519

Website: <https://metrohealth.net/>

Spectrum Health Butterworth Hospital

Phone: 616-391-1774

Address: 100 Michigan St NE Grand Rapids, MI 49503

Website:

<https://www.spectrumhealth.org/locations/spectrum-health-hospitals-butterworth-hospital>

BELLY BINDING SERVICES

Kalamazoo Family Tree Wellness

Phone: 269-929-2375

Email: kzoofamilytreewellness@gmail.com

Website: <https://kalamazoo-family-tree-wellness.massagetherapy.com/home>

Rooted - Kama Mitchell

Phone: 269-720-9200

Email: <https://rootead.org/contactus>

Website: <https://rootead.org/doula-collective>

BEREAVEMENT DOULAS

Birth Kalamazoo - Teresa Youngblood (SBD)

Phone: 269-598-1488

Email: hello@birthkalamazoo.com

Website: <https://birthkalamazoo.com/>

Angel Wings Bereavement Services

Phone: 240-393-6148

Email: AngelsWingsDoula@yahoo.com

Website: <http://angelswingsbereavement.weebly.com/>

BIRTH CENTERS

Simply Born Birth Center - Sarah Badger LM, CPM

Phone: 616-419-8117

Email: simplyborn@yahoo.com

Website: <http://www.simplyborn.com/>

Goshen Birth Center

Phone: 574-971-4840

Email: <https://www.goshenbirthcenter.com/contact>

Website: <https://www.goshenbirthcenter.com/>

BIRTH DOULAS

★*Maker Maternal Health*★

Email: info.makermaternalhealth@gmail.com

Website: makermaternalhealth.com

Birth Kalamazoo

Phone: 269-598-1488

Email: hello@birthkalamazoo.com

Website: <https://birthkalamazoo.com/>

Rooted

Phone: 269-720-9200

Email: <https://rootead.org/contactus>

Website: <https://rootead.org/doula-collective>

Kristina Ledlow Doula Services

Phone: 269-598-4603

Email: kdledlow@yahoo.com

Website: <http://www.kristinaledlowdoula.com/>

Ethereal Birth Services - Jessica Guerriero

Phone: 269-270-5368

Email: etherealbirthkzoo@gmail.com

Website: <https://www.etherealbirthkzoo.com/>

BIRTH PHOTOGRAPHERS

★ *Kendra Laubenthal* ★

Phone: 616-516-6872

Email: K.laubenthal@gmail.com

info.makermaternalhealth@gmail.com

Website: makermaternalhealth.com

Ellen Dykstra

Phone: 269-267-7083

Email: ellendykstraphotography@gmail.com

Website: <https://ellendykstraphotography.com/blog/>

Melissa Gregersen

Phone: 269-352-6083

Email: <https://gregersenphotography.com/contact/>

Website: <https://gregersenphotography.com/>

Feathered In Time - Ariel Smith

Phone: 269-348-6129

Email: featheredintimephotography@gmail.com

Website: <https://featheredintime.photography/>

Emily Jefferies Photography

Phone: 517-505-1641

Email: emilyjefferiesphotography@gmail.com

Website: <https://www.emilyjefferies.photography/>

BREASTFEEDING PUMP AND EQUIPMENT (PURCHASE AND/OR RENTAL)

Aeroflow Breastpumps - Breast Pumps Through Insurance

Phone: 1-844-867-9890

Website: aeroflowbreastpumps.com

Bronson Breastfeeding Center

Phone: 269-341-8849

Address: 601 John St., Suite N-1300, Kalamazoo, MI 49007

Website: <https://www.bronsonhealth.com/locations/locations-profile/?id=32>

CareLinc Medical Equipment and Supply

Phone: 269-329-1422

Address: 7017 S. Westnedge Ave, Portage, MI 49002

Website: <https://www.carelincmed.com/>

BREASTFEEDING SUPPORT GROUPS

Breastfeeding Cafe

Phone: 269-373-5358

Email: kapear@kalcounty.com

Website: <https://www.kalcounty.com/hcs/ph/wic/>

Le Leche League of Greater Kalamazoo

Phone: 269-267-9044 (Leader, Rita)

Email: rsaltarelli89@gmail.com

Website: <http://www.lalecheleagueofmichigan.org/kalamazoo.html>

BREASTFEEDING CLASSES

Ascension Borgess Hospital

Phone: 269-226-4840

Address: 1521 Gull Road Kalamazoo, MI 49048

Website:

<https://healthcare.ascension.org/Events/RFX/18009/Michigan/Kalamazoo-Ascension-Borgess-Hospital-Birthing-Center/Borgess-Breastfeeding-Class>

Successful Breastfeeding Kalamazoo-Bronson Hospital

Phone: 269-341-7723

Email: callca@bronsonhg.org

Website:

<https://www.bronsonhealth.com/classes-events/search-results-detail/?eventId=1ebb044f-341a-e711-9d2a-2c768a4e1b84>

CERTIFIED NURSE MIDWIVES (HOSPITAL PRACTITIONERS)

Erin Schaub CNM - Bronson Women's Service

Phone: 269-341-7979

Address: 601 John Street Suite N-1200A Kalamazoo, MI 49007

Website: <https://www.bronsonhealth.com/doctors/erin-schaub/>

Ruth Tatara CNM, MSN - Bronson Women's Service

Phone: 269-341-7979

Address: 601 John Street Suite N-1200A Kalamazoo, MI 49007

Website: <https://www.bronsonhealth.com/doctors/ruth-tatara/>

Amanda Ezekiel CNM - Ascension Borgess Women's Health

Phone: 269-226-8106

Address: 1535 Gull Road #250 Kalamazoo, MI 49048

Website:

<https://healthcare.ascension.org/doctors/1437606670/amanda-r-ezekiel-kalamazoo-mi?&i>

Brianna Kohls CNM - Ascension Borgess Women's Health

Phone: 269-226-8106

Address: 1535 Gull Road #250 Kalamazoo, MI 49048

Website: <https://healthcare.ascension.org/doctors/1366933780/brianna-kohls-kalamazoo-mi?>

Katheryn Clark CNM - Ascension Borgess Women's Health

Phone: 269-226-5927

Address: 1535 Gull Road #250 Kalamazoo, MI 49048

Website: <https://healthcare.ascension.org/doctors/1417489931/katheryn-e-clark-kalamazoo-mi?>

CERTIFIED NURSE MIDWIVES (OUT OF HOSPITAL - BIRTH CENTER / HOME BIRTH)

Terrie Lemley CNM

Phone: 269-470-2611

Email: terrie@gentlemidwifery.com

Website: <http://www.gentlemidwifery.com/>

Kim Porter CNM WHNP

Phone: 231-557-7118

Email: mibornraisedinfo@gmail.com

Website: <http://www.mibornandraised.com/women-s-health---primary-care.html>

Goshen Birth Center

Phone: 574-971-4840

Email link: <https://www.goshenbirthcenter.com/contact>

Website: <https://www.goshenbirthcenter.com/>

CERTIFIED PROFESSIONAL MIDWIVES - BIRTH CENTER

Simply Born Birth Center - Sarah Badger LM, CPM

Phone: 616-419-8117

Email: simplyborn@yahoo.com

Website: <http://www.simplyborn.com/>

Mamma's House Birth Center - Ireena Keeslar LM, CPM

Phone: 260-367-1544

Email: gentlebirthmidwifery@gmail.com

Website: <https://www.homebirthchoices.com/>

Nine Short Months Birth and Community Wellness Center

Phone: 248-792-3322

Email: wendy@nineshortmonths.com

Website: <http://nineshortmonths.com/>

CERTIFIED PROFESSIONAL MIDWIVES - HOME BIRTH

Linda Healey CPM (Battle Creek Area)

Phone: 269-832-0755

Email link: <https://birthalternatives.com/lets-connect>

Address: 2201 Capital NE Ave Battle Creek, Michigan 49017

Website: <https://birthalternatives.com/>

Jennifer Seif CPM (Hastings and Surrounding Area)

Phone: 269-953-6882

Email: jenniferseif@yahoo.com

Website: <https://www.oaktreebirth.com/>

West Michigan Midwifery (Grand Rapids and surrounding Area)

Jennifer Holshoe LM, CPM

Jenn Dewaard LM, CPM

Phone: 872-356-6880

Email: homebirth@westmichiganmidwifery.com

Website: <http://westmichiganmidwifery.com/>

Ireena Keslar LM, CPM (Lower Michigan and Northern Indiana)

Phone: 260-367-1544

Email: gentlebirthmidwifery@gmail.com

Website: <https://www.homebirthchoices.com/>

Birth Song Midwifery - Yolanda Visser CPM (Grand Rapids and surrounding area)

Phone: 616-458-8144

Email: yolanda@birthsonggr.com

Website: <http://www.birthsonggr.com/>

CHILDBIRTH EDUCATORS / CLASSES / COURSES

Birth Kalamazoo, Jessica English - Lamaze Childbirth Education

Phone: 269-598-1488

Email: hello@birthkalamazoo.com

Website: <https://birthkalamazoo.com/>

Zenith Moment Hypnobirthing, Heather Woodham

Phone: 269-389-9456

Email: zmHypnoBirth@gmail.com

Website: <https://zm-hypnobirthing.com/>

Joe and Tamara Prahlow - Bradley Method Serving the Kalamazoo Area

Phone: 269-231-0008

Email: enjoyyourhealth@protonmail.com

Website: <http://www.bradleybirth.com/tamaraprahlow>

Kristine Bellware - Bradley Method Portage & Battle Creek

Phone: 269-762-0078

Email: KJBELLWARE@MSN.COM

Website: <http://www.bradleybirth.com/kristinebellware>

Kristina Ledlow Doula Services

Teaches childbirth classes at OB-GYN P.C.

Phone: 269-598-4603

Email: kdledlow@yahoo.com

Website: <http://www.kristinaledlowdoula.com/>

CHILDCARE OPTIONS

Jumpstart Childcare

Phone: 269-544-3000

Email: jump123child@yahoo.com

Website: <http://www.jumpstartchildcarecenters.com/>

Tutor Time Childcare

Phone: 866-927-2134

Address: 6500 Constitution Blvd Portage, MI 49024

Website:

https://www.tutortime.com/your-local-school/portage-mi-6271/?utm_source=yelp&utm_medium=paid-directory&utm_campaign=enhanced-listing

CHIROPRACTORS - PREGNANT MOTHERS & FAMILIES

Heib Chiropractic Clinic - Dr. Andrew J. Heib

Phone: 269-324-0100

Email: info@heibchiropractic.com

Website: heibchiropractic.com

Address: 7901 S. 12th Street Suite 101 Portage, MI 49024

Rambling Road Family Wellness and Chiropractic - Dr. Valerie Shroup

Phone: 269-381-1800

Email: ramblingchiro@rrchirokalamazoo.com

Website: <https://www.rrchirokalamazoo.com/>

Antoniotti Chiropractic - Dr. Katie Antoniotti

(Chiropractic care and Mama Core Postpartum Pelvic Floor class)

Phone: 269-344-5551

Email: Dr.kateantoniotti@gmail.com

Website: <https://www.antoniottichiropractic.com/>

Address: 1820 S Westnedge Ave #1, Kalamazoo, MI 49008

Boesky Chiropractic - Dr. Andy Boesky

Phone: 269-342-9090

Email: drandy@chiroandy.com

Website: <http://www.chiroandy.com/index.htm>

CIRCUMCISION PROVIDERS / RESOURCES

Western Michigan Urological Associates

Phone: 616-392-1816

Website: <https://wmuro.com/>

Address: 577 Michigan Avenue, Suite 201, Holland, MI 49423

Craig Singer M.D. (Mohel)

Phone: 248-224-3577

Email: craig@brismd.com

Website: <http://www.detroitbris.com/>

CLEANING SERVICES

Molly Maids - Kalamazoo & Portage

Phone: 269-464-4425

Address: 3800 Covington Road Kalamazoo, MI 49001

Website: <https://www.mollymaid.com/kalamazoo-portage/>

Tessa Cleaning Service

Phone: 269-267-8661

Email: sales@tessacleaning.com

Website: <https://www.tessacleaning.com/>

COMMUNITY SERVICES / PROGRAMS

Kalamazoo Health and Community Service Department

Phone: 269-373-5200

Email link: <https://www.kalcounty.com/contact.php>

Website: <https://www.kalcounty.com/hcs/>

Alternatives of Kalamazoo

Phone: 269-345-1740

Email: info@alternativesofkzoo.org

Website: <https://www.alternativescc.org/>

COUNSELORS / THERAPISTS

Beth Hawver (specializes in grief, loss, anxiety, birth trauma and postpartum)

Phone: 269-447-1332

Email: beth@newlightkalamazoo.com

Website: <http://www.newlightkalamazoo.com/home.html>

Pine Rest Christian Mental Health Services

Phone: 866-852-4001

Website: <https://www.pinterest.org/locations/southwest-michigan/kalamazoo/>

Address: 1530 Nichols Rd, Kalamazoo, MI 49006

Response Care Center (provides services at no-cost)

Phone: 269-629-0324

Email: care@gracespringchurch.com

Website: responsecarecenter.com

Address: 9731 Highway 89 Richland, MI 49083

CRANIAL-SACRAL THERAPISTS

The Wellness Center of Kalamazoo

Phone: 269-679-4225

Email: wellnesscenterkazoo@gmail.com

Website: <http://www.wellnesscenterkalamazoo.com/>

Kalamazoo Massage Center- Karen

Phone: 269-993-5025

Email link: <https://kalamazoomassagectr.com/contact>

Website: <https://kalamazoomassagectr.com/book-an-appointment>

Shani Massage & Healing Arts

Phone: 269-344-7066

Email link: <https://shantihealingarts.com/contact-us/>

Website: <https://shantihealingarts.com/>

DAYCARE

Kalamazoo Drop-In Child Care

Phone: 269-382-3640

Email: info@kdccc.org

Website: <https://kdccc.org/>

Kiddie-U Daycare and Preschool

Phone: 269-668-3300

Email: kiddieupreschool@gmail.com

Website: kiddieupreschool.com

Address: 24466 Red Arrow Highway Mattawan, MI 49071

Gilden Woods Kalamazoo

Phone: 269-389-0118

Email link: <https://www.appletreekids.cc/contact-us/>

Website: <https://www.appletreekids.cc/locations/gilden-woods-kalamazoo>

DENTISTS

Dr. Daniel Brayton

Phone: 269-327-1200

Address: 470 W Centre Ave #B Portage, MI 49024

Westnedge Family Dentistry

Address: 3907 S Westnedge Ave Kalamazoo Michigan 49008

Phone: 269-345-8893

Email: westnedgefamilydentistry@gmail.com

Website: westnedgefamilydentistry.com

Naturally You Dentistry

Address: 485 E. Columbia Ave #12 Battle Creek, MI 49014

Phone: 269-962-5774

Website: naturallyyoudentist.com

PREGNANCY NUTRITION

Healthy Babies Healthy Start - Kalamazoo Community Health Program

Phone: 269-373-5279

Email link: <https://www.kalcounty.com/contact.php>

Website: <https://www.kalcounty.com/hcs/mch/hbhs/>

Nurse Family Partnership - Kalamazoo Community Healthy Program

Phone: 269-373-5067

Email link: <https://www.kalcounty.com/contact.php>

Website: <https://www.kalcounty.com/hcs/mch/nfp/>

HAPPIEST BABY ON THE BLOCK CLASSES

Holistic Sleep Center - Cindy Davies, MA, BC-DMT

Email: cindy@holisticsleep.com

Website: <https://www.holisticsleepcenter.com/>

Address: Ferndale, MI 48220

Caroline Zavala MA

Phone: 313-757-2279

Address: 227 Riverside Ave, Adrian, MI 49221

Xinhang Li

Email: lixinhang11@gmail.com

Address: Ann Arbor, MI

HEALTH FOOD STORES

Earth Fare

Phone: 269-343-4160

Address: 5070 S. Westnedge Ave Portage, MI 49002

Website: <https://www.earthfare.com/>

Sawall Health Foods

Phone: 269-343-3619

Address: 2965 Oakland Drive Kalamazoo, MI 49008

Email: healthfood@aol.com

Website: <https://sawallhf.com/>

Natural Health Food Center

Phone: 269-342-9459

Address: 4610 West Main Street Kalamazoo, MI 49006

Email link: <http://www.naturalhealthfoodcenter.com/contact-us/>

Website: <http://www.naturalhealthfoodcenter.com/>

Fresh Thyme

Phone: 269-206-5300

Website: freshthyme.com

Address: 6212 S. Westnedge Ave Portage, MI

INFANT CPR CLASSES

American Red Cross

Phone: 888-326-1565

Email: support@redcrosstraining.org

Website:

<https://www.redcross.org/take-a-class/search?cgid=cpr&zip=kalamazoo%2C+mi&latitude=42.2917069&longitude=-85.5872286&zipcode=&searchtype=class>

YMCA of Greater Kalamazoo

Phone: 269-345-9622

Email: jmmigl@kzooymca.org

Website: <https://www.kzooymca.org/cpr>

INFANT MASSAGE CLASSES

Bronson Infant Massage Class

Phone: 269-341-7723

Email: callca@bronsonhg.org

Website:

<https://www.bronsonhealth.com/classes-events/search-results-detail/?eventId=76a932f6-07ea-e911-a827-000d3a611c21>

Birth Kalamazoo - Rebecca Hernandez

Phone: 269-598-1488

Email: hello@birthkalamazoo.com

Website: <https://birthkalamazoo.com/>

LACTATION CONSULTANTS

Bronson Breastfeeding Center

Phone: 269-341-8849

Address: 601 John Street Suite N-1300, Kalamazoo, MI 49007

Website: <https://www.bronsonhealth.com/locations/locations-profile/?id=32>

Reagan Gielincki OT, IBCLC

Phone: 801-388-1640

Email: reangielincki@gmail.com

Website: <http://www.reangielincki.com/>

Birth Kalamazoo - Teresa Youngblood RN, CLC, CD, PCD

Phone: 269-598-1488

Email: hello@birthkalamazoo.com

Website: <https://birthkalamazoo.com/>

Twenty Hands

Phone: 269-459-8091

Email: charts20hands@gmail.com

Website: <https://twentyhands.weebly.com/>

Women, Infant, and Children (WIC)

Family Health Center Location Phone: 269-488-3732

Kalamazoo County Health and Community Services Phone: 269-373-5002

Website: https://www.wicprograms.org/li/kalamazoo_county_wic_office_49048

PRENATAL MASSAGE THERAPISTS

Birth Kalamazoo - Rachel Nofsinger

Phone: 269-598-1488

Email: hello@birthkalamazoo.com

Website: <https://birthkalamazoo.com/>

Shani Massage & Healing Arts

Phone: 269-344-7066

Email link: <https://shantihealingarts.com/contact-us/>

Website: <https://shantihealingarts.com/>

The Body Center Kalamazoo

Phone: 833-239-2687

Email: bodycenterkalamazoo@gmail.com

Website: <https://www.bodycenterkalamazoo.com/>

MATERNITY / NURSING CLOTHES

Motherhood Maternity

Phone: 269-329-3043

Address: 6800 S. Westnedge Ave Portage, MI 49024

Email link: <https://www.motherhood.com/contactus/>

Website: <https://www.motherhood.com/>

Clothes Mentor

Phone: 269-459-8490

Address: 649 Romence Road Portage, MI 49024

Email: cmportage@gmail.com

Website: <https://www.clothesmentor.com/portage/>

MOTHERS OF MULTIPLES GROUPS / ASSOCIATIONS

Greater Kalamazoo Mothers of Multiples

Email: info@gkmom.org

Website: <https://www.gkmom.org/>

Michigan Organization Mothers of Twins Club Inc.

Email: <https://momotc2016@gmail.com>

Website: <https://www.momotc.org/>

NATUROPATHIC / HOMEOPATHIC CLINICS & SERVICES

New Hope Health - Dr. LeAnn Fritz DNM, PhD

Phone: 269-204-6525

Email link: <https://newhopehealth.com/contact/>

Website: <https://newhopehealth.com/>

Grand Rapids Natural Health - Dr. Carrie Dennie ND, MSAc

Phone: 616-253-6618

Email link: <https://www.grnaturalhealth.com/contact>

Website: <https://www.grnaturalhealth.com/>

Betten Integrative Medicine

Phone: 269-312-81070

Email: office.drkarenbetten@gmail.com

Website: <https://bettenwellness.com/>

FIRST TIME MOTHERS / FATHERS GROUPS

Bronson's Baby Talk - New Parents Birth to 1 year

Phone: 269-341-7521

Kalamazoo Public Library - Oshtemo Branch

Address: 7265 West Main Street Kalamazoo, MI 49009

Website:

<https://www.bronsonhealth.com/classes-events/search-results-detail/?eventId=54a7ee99-587a-e411-ade7-782bcb3b39aa#Description>

KRESA Community Playgroups

Phone: 269-250-9649

Address: 4606 Croyden Ave Kalamazoo, MI 49006

Website: <https://www.kresa.org/Page/1951>

MOPS (Mothers of Preschoolers)

Phone: 888-910-6677

Groups meet at many local churches in the Kalamazoo Area

Email: info@mops.org

Website: <https://www.mops.org/>

OBSTETRICIANS - NATURAL BIRTH FRIENDLY

Bronson - Dr. Amanda Walker DO

Phone: 269-341-7979

Address: 601 John St. Suite N-1200A, Kalamazoo, MI 49007

Website: <https://www.bronsonhealth.com/doctors/amanda-walker/>

Bronson - Dr. Tempest Allen MD

Phone: 269-327-2211

Address: 3300 West Center St, Portage, MI 49024

Also sees patients at Bronson's Paw Paw Clinic

Website:

https://www.bronsonhealth.com/doctors/tempest-allen/?utm_campaign=website-link&utm_medium=organic&utm_source=local-listing

Bronson - Dr. Scott Peterson MD

Phone: 269-327-2211

Address: 3300 West Center St, Portage, MI 49024

Also sees patients at Bronson's Paw Paw Clinic

Website:

https://www.bronsonhealth.com/doctors/scott-peterson/?utm_campaign=website-link&utm_medium=organic&utm_source=local-listing

Bronson - Dr. Steven Trillet MD

Phone: 269-327-2211

Address: 3300 West Center St., Portage, MI 49024

Also sees patients at Bronson's Paw Paw Clinic

Website:

https://www.bronsonhealth.com/doctors/steven-trillet/?utm_campaign=website-link&utm_medium=organic&utm_source=local-listing

Ascension Borgess - Dr. Michael Hardiman DO

Phone: 269-226-5927

Address: 1535 Gull Road #250, Kalamazoo, MI 49048

Website:

<https://healthcare.ascension.org/doctors/1881701027/michael-k-hardiman-kalamazoo-mi?>

Ascension Borgess - Dr. Jennifer Fink DO

Phone: 269-321-7000

Address: 7895 Currier Drive Portage, MI 49002

Website: <https://healthcare.ascension.org/doctors/1306067434/jennifer-l-frink-portage-mi?&i>

OBSTETRICIANS - TWINS / MULTIPLES

Ascension Borgess - Dr. Rajiv Rangrass MD

Plainwell Clinic Phone: 269-685-1002

Portage Clinic Phone: 269-321-7000

Address: 671 Allegan Street Plainwell, MI 49080

Secondary Address: 7895 Currier Drive Portage, MI 49002

Website: <https://healthcare.ascension.org/doctors/1508977539/rajiv-rangrass-plainwell-mi?&i>

Ascension Borgess - Dr. Jennifer Fink DO

Phone: 269-321-7000

Address: 7895 Currier Drive Portage, MI 49002

Website: <https://healthcare.ascension.org/doctors/1306067434/jennifer-l-frink-portage-mi?&i>

Bronson - Dr. Scott Peterson MD

Phone: 269-327-2211

Address: 3300 West Center St., Portage, MI 49024

Also sees patients at Bronson's Paw Paw Clinic

Website:

https://www.bronsonhealth.com/doctors/scott-peterson/?utm_campaign=website-link&utm_medium=organic&utm_source=local-listing

OBSTETRICIANS - VBAC FRIENDLY

Bronson - Dr. Amanda Walker DO

Phone: 269-341-7979

Address: 601 John Street Suite N-1200A, Kalamazoo, MI 49007

Website: <https://www.bronsonhealth.com/doctors/amanda-walker/>

Dr. Carly Davis MD, OB-GYN P.C.

Phone: 269-345-6197

Address: 2854 11th Street, Kalamazoo, MI 49009

Website: <https://obgynpc.com/>

PARENTING CLASSES (SIBLING CLASSES, NEWBORN CARE, ETC.)

Alternatives of Kalamazoo (Free Parent Education)

Phone: 269-345-1740

Address: 4200 W. Michigan Ave Suite 100 Kalamazoo, MI 49006

Email: info@alternativesofkzoo.org

Website: <https://www.alternativescc.org/>

Bronson - Pregnancy and Childbirth Education and Support

Variety of classes offered including Sibling Classes, Baby Care, Boot Camp for New Dads, Car Seat Safety, etc

Phone: 269-341-7521

Email: callca@bronsonhg.org

Website: <https://www.bronsonhealth.com/services/pregnancy-childbirth/classes/>

*Ascension Borgess-Caring Network Mama Academy Bringing Up Baby or GYGO Parenting Class
2020*

Phone: 269-381-9800

Email: info@ccdok.org

Website:

https://healthcare.ascension.org/Events?facility=Ascension%20Borgess%20Hospital%20Birthing%20Center&_ga=2.129336779.676060168.1578075269-1764495085.1577279841

PEDIATRICIANS - VACCINE SCHEDULE FLEXIBILITY

Wellspring - Dr. Curtis Buccheit

Phone: 269-762-0223

Address: 311 North Grand Street Schoolcraft, MI 49087

Email link: <https://www.wellspring4health.com/contact>

Website: <https://www.wellspring4health.com/>

Holy Family Healthcare - Dr. Don Bouchard

Phone: 269-621-0011

Address: 301 North Center Street Hartford, MI 49057

Kalamazoo Clinic available on Tuesdays

Email: info@holyfamilyhealthcare.org

Website: <https://www.holyfamilyhealthcare.org/>

PEDIATRICIANS - ACCEPTS NO VACCINES

Wellspring - Dr. Curtis Buccheit

Phone: 269-762-0223

Address: 311 North Grand Street Schoolcraft, MI 49087

Email link: <https://www.wellspring4health.com/contact>

Website: <https://www.wellspring4health.com/>

Holy Family Healthcare - Dr. Don Bouchard

Phone: 269-621-0011

Address: 301 North Center Street Hartford, MI 49057

Kalamazoo Clinic available on Tuesdays

Email: info@holyfamilyhealthcare.org

Website: <https://www.holyfamilyhealthcare.org/>

PELVIC FLOOR SPECIALISTS

New Seasons Physical Therapy & Wellness,PLC - Emily Wilson PT

Phone: 269-366-0046

Email: info@newseasonspt.com

Website: <https://www.newseasonspt.com/>

Bronson Rehabilitation Services - John St.

Phone: 269-341-8024

Address: 820 John Street Suite 201 Kalamazoo, MI 49001

Website: <https://www.bronsonhealth.com/services/rehabilitation/treatments/pelvic-floor-therapy/>

Physical Therapy Services of West Michigan, LLC

Phone: 269-488-3320

Address: 6563 West Main, Suite Lower Level Kalamazoo, MI 49009

Website: <https://ptsofmi.com/>

Armor Physical Therapy

Phone: 269-375-4737

Address: 5886 Venture Park Drive Kalamazoo, MI 49009

Alternative locations available

Website: <https://armorpt.com/physical-therapy-services/pelvic-pain-relief/>

PERINATAL LOSS SUPPORT GROUPS / BEREAVED FAMILIES SUPPORT

Bronson - Pregnancy and Infant Loss Support Group

Phone: 269-341-6639

Email: bereavement@bronsonhg.org

Website: <https://www.bronsonhealth.com/services/bereavement/>

Hospice Care of Southwest Michigan Grief and Support Groups

Phone: 269-345-0273

Email: Vanessa.Miller@hospiceswmi.org

Address: 2255 West Center St., Portage, MI 49024

Website: <https://www.hospiceswmi.org/our-services/grief-support/>

Compassionate Friends Support Group

Phone: 269-589-4756

Email: kalamazoocf@gmail.com

Address: 538 Nichols Rd, Kalamazoo, MI 49006

Website: <https://www.compassionatefriends.org/chapter/kalamazoo-chapter/>

PHYSICAL THERAPISTS

New Seasons Physical Therapy & Wellness,PLC - Emily Wilson PT

Phone: 269-366-0046

Email: info@newseasonspt.com

Website: <https://www.newseasonspt.com/>

Armor Physical Therapy

Phone: 269-375-4737

Address: 5886 Venture Park Drive Kalamazoo, MI 49009

Alternative locations available

Website: <https://armorpt.com/physical-therapy-services/pelvic-pain-relief/>

Physical Therapy One

Phone: 269-375-1400 Kalamazoo Location

Phone: 269-323-4300 Portage Location

Email link: <https://www.physicaltherapyone.net/contactus/>

Website: <https://www.physicaltherapyone.net/>

PLAY GROUPS (FACEBOOK, ONLINE, NEIGHBORHOOD)

Kalamazoo Babywearing Love

Monthly Meetings and Baby Carrier Lending Library

Website: <https://www.facebook.com/groups/kalamazoobabywearers/>

Kalamazoo Mom Friends

Meet-ups, advice, and discussion

Website: <https://www.facebook.com/groups/426175664850667/>

KRESA Community Play Groups

West Campus Phone: 269-250-9649

Address: 4606 Croyden Ave Kalamazoo, MI 49006

Comstock Early Learning Academy Campus: 269-250-8960

Address: 6171 East MN Ave Kalamazoo, MI 49048

Website: <https://www.kresa.org/Page/1951>

MOPS (Mothers of Preschoolers)

Phone: 888-910-6677

Groups meet at many local churches in the Kalamazoo Area

Email: info@mops.org

Website: <https://www.mops.org/>

Mezanmi Play Cafe

Facebook: <https://www.facebook.com/mezanmiplaycafe>

Website: mezanmiplaycafe.com

PLACENTA ENCAPSULATION

Ethereal Birth Services - Jessica Guerriero

Phone: 269-270-5368

Email: etherealbirthkzoo@gmail.com

Website: <https://www.etherealbirthkzoo.com/>

After Birth Service - Michigan Placenta Encapsulation Services

Phone: 517-930-2196

Email: afterbirthservice@yahoo.com

Website: <https://www.facebook.com/AfterBirthService/>

POSTPARTUM DEPRESSION SUPPORT GROUPS / RESOURCES

Bronson - Perinatal Emotional Support Group

Phone: 269-345-6197 ext 270

Email: ledlokr@bronsonhg.org

Address: 212 S. Park Street Kalamazoo, MI 49007

Website: www.bronsonhealth.com

Pine Rest Christian Mental Health Services

Phone: 866-852-4001

Address: 1530 Nichols Road Kalamazoo, MI 49006

Website: <https://www.pinterest.org/locations/southwest-michigan/kalamazoo/>

POSTPARTUM DOULAS

★*Maker Maternal Health*★

Email: info.makermaternalhealth@gmail.com

Website: makermaternalhealth.com

Ethereal Birth Services - Jessica Guerriero

Phone: 269-270-5368

Email: etherealbirthkzoo@gmail.com

Website: <https://www.etherealbirthkzoo.com/>

Kristina Ledlow Doula Services

Phone: 269-598-4603

Email: kdledlow@yahoo.com

Website: <http://www.kristinaledlowdoula.com/>

Kalamazoo Family Tree Wellness - Christine Anderson

Phone: 269-929-2375

Email: kzoofamilytreewellness@gmail.com

Website: <https://kalamazoo-family-tree-wellness.massagetherapy.com/home>

Birth Kalamazoo

Phone: 269-598-1488

Email: hello@birthkalamazoo.com

Website: <https://birthkalamazoo.com/>

Rooted

Phone: 269-720-9200

Email: <https://rootead.org/contactus>

Website: <https://rootead.org/doula-collective>

SINGLE PARENTING GROUPS

Kalamazoo Divorced Parents

Organized by Wendi D.

Website: <https://www.meetup.com/Kalamazoo-Divorced-Parents-Mix-Mingle/>

Divorced Moms of Kalamazoo/Portage

Organized by Aubree B.

Website: <https://www.meetup.com/Divorced-Moms-of-Kalamazoo-Portage/>

SUPPORT GROUPS FOR PARENTS OF CHILDREN WITH SPECIAL NEEDS

Parent to Parent of Southwest Michigan

Phone: 269-345-8950

Email: latrieva.collins-boston@p2pswmi.org

Website: <http://www.p2pswmi.org/>

Kindred Spirits Support Group - April Siepman

Phone: 269-270-7242

Address: 445 W. Michigan Street Suite 102 Kalamazoo, MI

Website: <https://www.askforkids.org/>